

## In-Studio Rules/Regulations - March 2022

### COVID-19

Studio 12 will abide by the necessary policies and procedures as determined by Public Health in regard to COVID-19. If/when Provincial restrictions change, we will adjust as needed and immediately inform customers. We remain diligent in doing our part to stop the spread of COVID-19 and create a safe and healthy environment for our dancers, their families, and our staff. Your commitment to our rules and regulations is very much appreciated.

Effective immediately, and until further notice, in accordance with Provincial Reopening Guidelines, the following health measures have been implemented within the spaces of Studio 12:

#### **1. If you have COVID- 19 Symptoms and/or Been in Contact with Someone Who Has Tested Positive for COVID-19:**

Please adhere to the Provincial Guidelines as found on the attached document (or at <https://www.hamilton.ca/sites/default/files/media/browser/2022-01-11/omicron-ccm-testing-guidance-exposed-to-positive-jan14-22.pdf>). Your adherence to these guidelines is crucial in keeping the Studio 12 community healthy and mitigating the further spread of COVID-19.

#### **2. Restricted Use of Studio Space:**

- a) Upon arrival to the studio, an administrator will take the temperature of each dancer. Should a dancer present with signs and symptoms of COVID-19 they will be directed home and instructed to contact their health care provider. Other teachers, dancers, and parents will be notified about the possible exposure; however, the dancer's name will remain un-identified to protect the privacy of the individual.
- b) Dancers are not to bring extra personal items into the practice area. Dancers are encouraged to remove street shoes at the entrance.
- c) Entrance into the changerooms is restricted to three dancers at a time, who may place their belongings then exit the room. Dancers are also to re-enter the changeroom three at a time, to retrieve their belongings. Dancers are discouraged from sitting in the changeroom between classes.
- d) In-studio training will resume, with physical distancing taken into consideration. The number of dancers in any one class is determined based on a percentage of the total occupancy capacity of the entire facility (which will not exceed 30).
- e) Higher intensity training may result in greater dispersion of droplets due to intense breathing and participant movement. When possible, dancers should confine themselves to a designated section of the practice space. Teachers will modify training/skill development that does not require physical contact with other dancers. Turn sequences, balance and strength exercises, and centre-work are all appropriate.
- f) Dancers will be kept in their respective groups to minimize the interaction between groups.
- g) Partner work with one-two other dancers is permitted, however, dancers are to remain with their same partner and not change partners at the next class.
- h) Spectators are discouraged from entering the studio to observe practices at this time.

### **3. Sanitation:**

- a) Handwashing or sanitation stations will be made easily accessible. Dancers are to wash their hands before and after each class. Used tissue, disinfectant wipes, and litter will be disposed of in a lined waste bin that is emptied at least daily.
- b) No sharing of personal items including food and water bottles is permitted.
- c) All training surfaces will be thoroughly cleaned according to Health Canada guidelines after each class of new dancers. This includes all barre surfaces and floors. Appropriate personal protective equipment (PPE) is to be worn by cleaning staff to prevent contact with contaminated surfaces.

### **4. Communication and Governance:**

- a) Teachers, studio owners, dancers, and parents will be fully informed of all safety measures.
- b) Relevant signage will be in place to clearly communicate the modifications to classes in place.
- c) All participants (or parents of participants) must self monitor for symptoms of COVID-19. If any signs or symptoms are present, the participant should not attend studio classes, should notify teachers, and should contact their healthcare provider.

### **5. Masks:**

Masks/face coverings are recommended for every person in the lobby and changeroom when a safe distance between individuals cannot be maintained.

### **6. Common Areas:**

- a) While the viewing windows will remain open, we ask that parents/guardians refrain from watching and/or lingering in the lobby areas.
- b) Social distancing will be encouraged.

### **7. Self/Parental Screening:**

- a) Parents/Guardians must monitor and screen their children and refrain from bringing them to class if they are unwell and/or display any COVID-19 related symptoms. This is an important step to reducing the spread of the virus and we trust that parents will take this responsibility very seriously.

Studio 12 has established clear case management protocols in the event a dancer or staff member becomes ill or tests positive for COVID-19. We are committed to providing a safe and healthy atmosphere to ensure our dancers feel safe and parents/guardians are comfortable sending them to class. Our goal is to uphold the Ministry guidelines and protocols while allowing the dancers to return to something they love to do - dance and perform!

Please contact us if you have questions or concerns, as we are happy to discuss.